



## Identify the symbols.

The bread is round, in the shape of a circle, having no beginning and no end to symbolize the eternity of our Lord. It is stamped in the center with a large cross representing Jesus surrounded by twelve small crosses representing the 12 disciples. Around the crosses appears the stamp of the Trisagion: "Holy God, Holy Mighty, Holy Immortal."

The bread is pierced in five places around the central crosses in reference to the 3 nails that hold Jesus on the cross, the crown of thorns and the spear that pierced His side. The bread is made from pure wheat, leavened but unsalted, because Jesus Christ is the salt of the world. The leaven symbolizes our sins which the Lord Jesus Christ bore for us. The bread must be freshly baked.

If possible, purchase Play Doh and a stamp similar to the one used to make Orban. Have students create round molds similar to the size of orban and stamp the top. In pairs, have them take turns teaching each other the different symbols on the orban.

