



# Love Your Elders

*“Stand up in the presence of the aged...”*  
*Leviticus 16:32*



What do you see?



Correct, obviously it is a quarter, and it's the heads side. What do you expect to see on the other side if I flipped the coin?



Correct, it would make sense to see tails on the other side, but what if it was another head on the other side? Or anything else! Would that be a good coin? Can you use it?



You are right, it would be a bad or fake coin. In other words it is not true money. It is not good for anything and you can't buy anything with it.

A true coin that has value will have both heads and tails



Similarly, Feelings and Actions are 2 sides of **True Love**



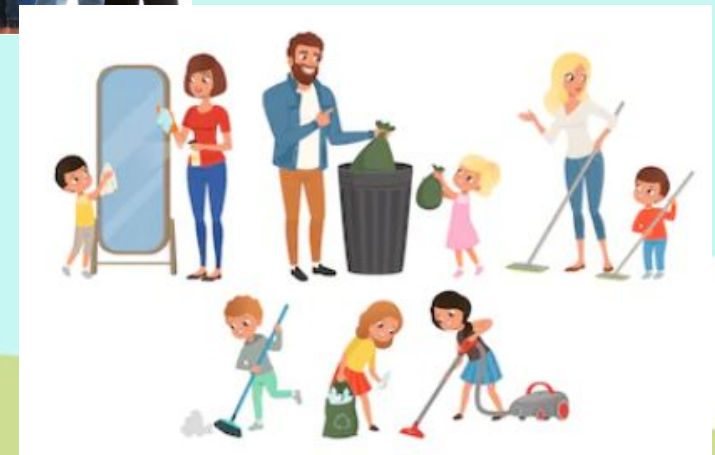
# Feelings of Love

- I feel **Happy** around people in my family, at church, at school,...
- I feel **Excited** to see them and be together
- I feel **Safe** because they care for me
- I **Miss** them when not around
- I **Worry** if they are sick or sad



# Actions of Love

- Respect
- Obedience
- Appreciation
- Caring
- Sharing
- Helping....



# Actions of Love! But these are a lot of actions!

- Respect
- Obedience
- Appreciation
- Caring
- Sharing
- Helping.....

**Don't worry! We have an **Action Plan!****





# 'How to Love' Action Plan!

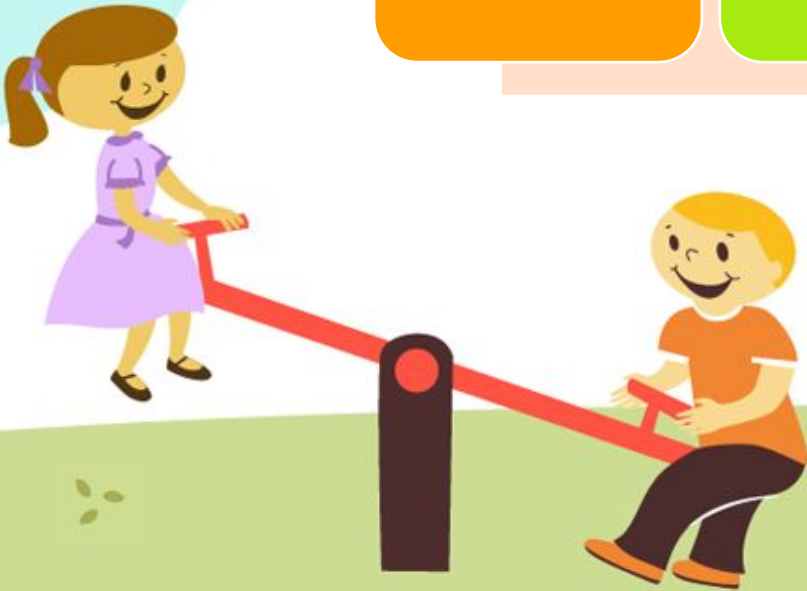
Hands  
On

Eyes &  
Mouth

Ears

When  
things go  
wrong

Hugs &  
kisses



# How to Love action Plan (1) -

Hands On

Elders do a lot of work to keep young ones safe, healthy and happy. Kids can also show their love by participating in some of the work.

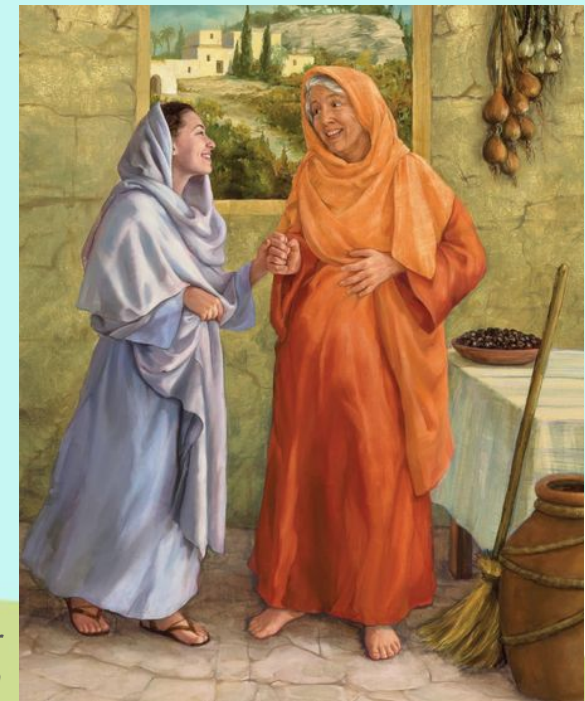
## Examples of helping your elders:

Clean after yourself,  
Get a drink for someone thirsty,  
Wash the dishes,  
Water the plants,  
Wash the car,  
Take care of your younger sibling,  
Help grandpa/grandma find something that is lost,  
Carry one of your teacher's bags if you see that she has too many things to carry,  
Open the door for someone at church and let them in first,  
Help Abouna find someone that he is looking for,  
Give your seat away to an older person  
And many more.....

Take advantage of your elder's need for an extra hand to show your love to them.



*Jesus washing the disciples' feet, a great action of love.*



*St. Mary caring for Elizabeth*

# How to Love action Plan (2) -

## Eyes & Mouth

Use your good eye. The good eye focuses on positives, like beauty, kindness, effort and anything that has been well done. Use your mouth and words to verbalize what you see.

### Examples of appreciating your elders:

Mom, that is the best dinner ever! You always cook us yummy food!

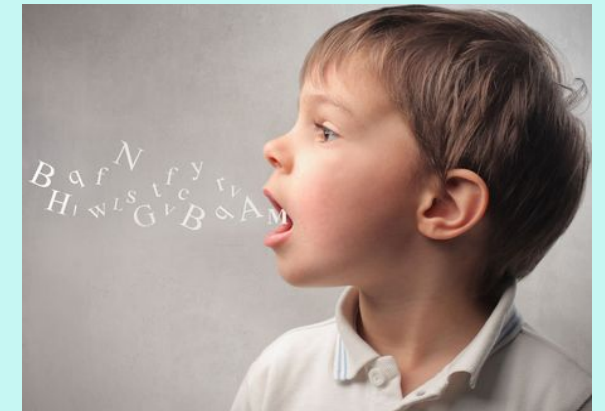
Grandma, you look so pretty today, I love your dress!

Grandpa, thanks for your gift, I really enjoy it every day and my friends think it is so cool!

Teacher, you really explained this very well, I appreciate you as my teacher.



*Keep your good eye open!*



*Use kind words!*

*“Let your father and your mother be glad, and let her who bore you rejoice.”  
Proverbs 23:25*



# How to Love action Plan (3) -

## Ears

Listening is loving. Obedience is the best way to show that you love your elders.

Examples of obeying your elders and caring for them:

Listen to learn, elders have lived longer than you so they have more experience and they want you to succeed

Listen because you care, ask Mom/Dad about their day, listen with genuine interest. Your care will help them feel better if they had a bad day

Listen to share your elders' sorrows and to celebrate their joys

Listen from the first time, slow obedience is disobedience

*"My son, keep your father's command, and do not forsake the law of your mother." Proverbs 6:20*

*"Apply your heart to instruction, and your ears to words of knowledge." Proverbs 23:12*

*"Children, obey your parents in the Lord, for this is right." Ephesians 6:1*



# How to Love action Plan (4) -

## When things go wrong

Breathe deeply and remind yourself that everybody makes mistakes, including yourself. Our Lord Jesus asks us to always forgive.

Examples of reacting when things go wrong (using calm voice):

Mom, I didn't like that you put my toys away. Can we please agree on what I need to do so you don't have to do this again?

Grandma, I don't really enjoy the cooking channel that you've been watching. I know it's your favorite, but can I watch my show after you are done with yours?

Grandpa, I felt embarrassed when you were making a joke about my shirt. I know you were just being funny, but wanted you to know.

Teacher, I know you thought that I was talking in class when you punished me, but I wanted to clarify that I wasn't talking this time.



*"Be angry, and do not sin." Ephesians 4:26*



# How to Love action Plan (5) -

## Hugs & kisses

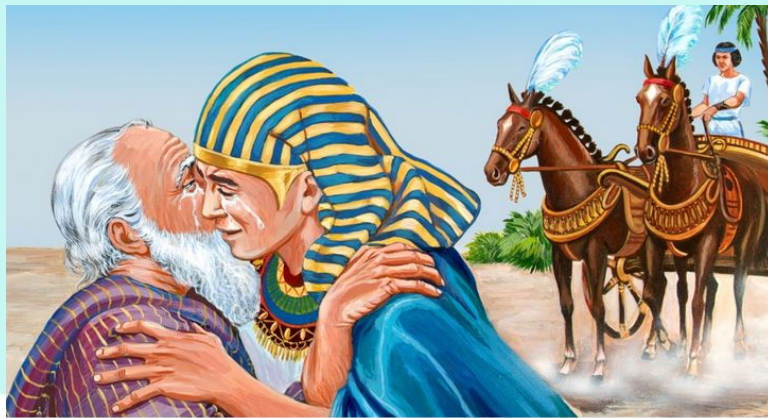
Absolutely! These are essential ingredients of love, but just giving hugs and kisses is not true love!

These are very special ingredients for the closest elders in your life like Mom, Dad, older siblings and other family members.

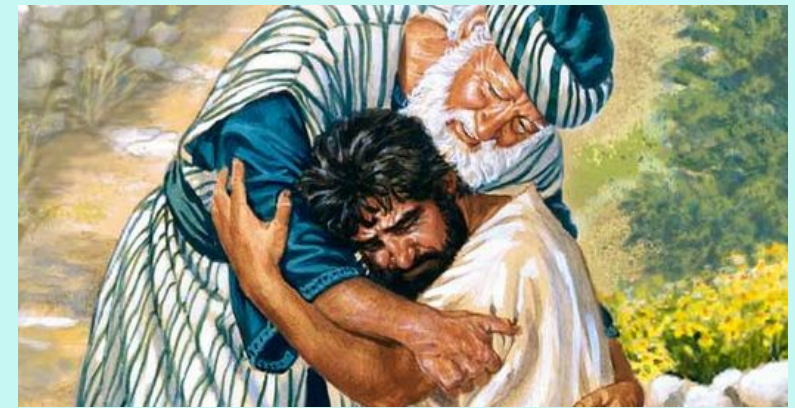
Examples:

Give Mom/Dad an extra squeeze before you run off to the playground. You will make their day.

Draw a card with hugs and kisses to a family member who lives out of the country.



*"Then his father Isaac said to him, "Come near and kiss me, my son." So he came near and kissed him" Genesis 27:26-27*



*"...his father saw him and had compassion, and ran and fell on his neck and kissed him." Luke 15:17*



# 'How to Love' action Plan



*"Honor your father and mother, which is the first commandment with a promise, that it may be well with you and that you may enjoy a long life on the earth." Ephesians 6:2-3*



# Life Application

- Practice taking loving actions at least once every day toward your elders (at home, in the store, at school, at church, etc.....)
- Print this weekly chart and add stickers to decorate it for your awesome loving actions
- Monitor how your charts are getting more decorated 😊 or lesser decorated 😞 week over week
- More decorated charts mean you are doing an awesome job
- Lesser decorated is ok because you will be able to fix it by seeking help from your father of confession or your Sunday school teacher

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## My Loving Actions Chart

	S	M	T	W	Th	F	S
Hands On							
Eyes & Mouth							
Ears							
When things go wrong							
Hugs and Kisses							





# Song Lyrics & Link

[https://www.youtube.com/watch?v=\\_aGUQeNt\\_LM](https://www.youtube.com/watch?v=_aGUQeNt_LM)

Obedience is the very best way,  
To show that you believe.  
Doing exactly what the Lord commands,  
Doing it happily.

Action is the key - do it immediately,  
Joy you will receive.

Obedience is the very best way to show that you believe.

O-B-E-D-I-E-N-C-E

Obedience is the very best way to show that you believe.

We want to live pure we want to live clean.

We want to do our best.

Sweetly submitting to authority,

Leaving to God the rest.

Walking in the light, keep our attitudes right,

On the narrow way.

For if you believe the Word you receive,

You always will obey!



# Thank You

Love you all

