



# Love of Self

“I will praise you, for I am fearfully and wonderfully made” Psalm 139:14

*Which party favor will be more special to you?*



# Which party favor will be more special to you?



*It has your name*

*It has your favorite animal*

*It is thoughtful*



*They are all exactly the same and identical which makes none of them really special*

**LOVE YOURSELF!**  
For you are unique!  
You are different!  
You are Special!

*“Then God said, “Let Us make man in Our image,  
according to Our likeness...”” Genesis 1:26*

God  
created  
you  
unique -  
like  
none other.



When He made you,  
He threw the mold  
away.



*The first step to loving others is to value and love yourself!*

Thou shalt love the  
Lord thy God.  
Love thy neighbor  
as thyself.

Matthew 22: 37, 39

**The more I love  
God and myself,  
the greater my  
capacity to love  
others.**

“God has given us different gifts....”

Romans 12:6-8



GOD HAS CREATED  
EACH OF US DIFFERENTLY  
& GIVEN EACH UNIQUE  
EXPERIENCES THAT  
HE WILL USE  
*for His glory.*



# God created us different for a purpose!

**YOU ARE A PART OF THE  
BODY OF CHRIST**



*“What a strange thing a body would be if it had only one part! So He has made many parts, but still, there is only one body.” 1 Corin 12:19-20*

*We can confidently find God’s purpose for us through sharing our differences and talents to help each other!*

*You are important because no one else  
can perform your role on the stage of life*



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We must learn how to separate **self-love** from **self-focus**

### Self-Love

#### I look to God for my identity

- I know my strengths
- I realize my weaknesses
- I can help others, so they can benefit from my knowledge
- I take care of my physical body, my body is the temple of the Holy Spirit
- I take care of my spiritual life, I love God and I want to know Him better
- I take care of my emotional needs, knowing that God has a plan for me

### Self-focus

#### I judge my self-worth through comparing myself to others

- I am better than my peer(s)
- I never admit my weaknesses
- I have to do everything myself, others don't know!
- I am the prettiest/most handsome
- I am closer to God than others, I don't do like him/her
- My emotions depend on how others treat me

# Self Love: When I know my strengths, I can help others.



# Life application



*Pray that God guides you to find His purpose for you*

*Be kind to yourself and love it, because you are loved by the Creator*

*Use your gifts to help others*

# Memory Verse



“There are diversities of gifts, but the same Spirit. There are differences of ministries, but the same Lord. And there are diversities of activities, but it is the same God who works all in all.”

1 Corinthians 12:4